Echter's Nursery & Garden Center

5150 Garrison St.
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Balmy Lilac Beebalm

Balmy Lilac Beebalm - New For 2026!

Monarda didyma 'Balbalmac'



Balmy Lilac Beebalm flowers
Photo courtesy of NetPS Plant Finder

Height: 12 inches

Spread: 10 inches

Spacing: 8 inches

Sunlight: ○ ◐

Hardiness Zone: 4a

Other Names: Bergamot, Oswego Tea

Group/Class: Balmy Series

Description:

A petite form of bee balm that produces multitudes of striking lilac and white flowers in late spring through summer; this very compact form is mildew resistant as well; great for massing in the front of borders

Ornamental Features

Balmy Lilac Beebalm has masses of beautiful clusters of fragrant lilac purple flowers with white overtones and dark red spots at the ends of the stems from late spring to late summer, which are most effective when planted in groupings. The flowers are excellent for cutting. Its fragrant pointy leaves remain green in color throughout the season.

Landscape Attributes

Balmy Lilac Beebalm is an herbaceous perennial with a mounded form. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting bees, butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Spreading
- Self-Seeding

Balmy Lilac Beebalm is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Naturalizing And Woodland Gardens
- Container Planting

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Planting & Growing

Balmy Lilac Beebalm will grow to be about 10 inches tall at maturity, with a spread of 10 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 8 inches apart. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Balmy Lilac Beebalm is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.