

Chamomile



Chamomile

Matricaria recutita

Height: 24 inches

Spread: 18 inches

Sunlight:

Hardiness Zone: 2a

Edible Qualities

Chamomile is a perennial herb that is typically grown for its edible qualities, although it does have ornamental merits as well. It produces white flowers which are harvested from mid spring to mid summer. The flowers have an earthy taste.

The flowers are most often used in the following ways:

- Tea

Features & Attributes

Chamomile features dainty lightly-scented white daisy flowers with yellow eyes at the ends of the stems from mid spring to mid summer. Its deeply cut grassy leaves remain light green in color throughout the season.

This is an herbaceous perennial herb with a mounded form. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect. This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding

Aside from its primary use as an edible, Chamomile is suitable for the following landscape applications;

- Mass Planting
- General Garden Use
- Herb Gardens



Chamomile flowers
Photo courtesy of NetPS Plant Finder



Chamomile
Photo courtesy of NetPS Plant Finder

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Planting & Growing

Chamomile will grow to be about 24 inches tall at maturity, with a spread of 18 inches. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 5 years.

This plant is quite ornamental as well as edible, and is as much at home in a landscape or flower garden as it is in a designated edibles garden. It does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This species is not originally from North America.